

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and family support professional competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training:

- Learner:
 - Rates knowledge of learning objectives
 - Completes post-training activities, as required
 - Develops an action plan for applying skills and knowledge in daily practice
 - Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - Review action plan for applying skills and knowledge in daily practice
 - Assess personal learning goals, transfer of learning, and action plan over time

This 180-minute online module, *Moving to Action: Advocacy, Referrals and Goal-Setting*, provides the family support professional with tools to use in making referrals, advocating for families and creating family action plans. The module explores the importance of referrals and advocacy in widening a family's support network and provides tips for creating action plans that support family success.

NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

Domain 6: Community Resources and Support

Dimension 22: Building community relationships

Component a: Identification of community resources

Dimension 23: Service system coordination and referral

Component a: Referral process

Dimension 24: Advocacy

Component a: Empowering families

Domain 7: Relationship-Based Family Partnerships

Dimension 27: Collaboration

Component b: Goal setting

Component c: Action planning

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Use techniques to encourage families to follow through on referrals and become their own advocates.		
Identify the reasons a family may need advocacy from the family support professional.		
Use the “Do For, Do With, Cheer On” model to identify the family’s level of self-sufficiency.		
Use assessments as the foundation to develop a time-limited, outcome-based action or goal plan.		
Use a strength-based perspective to set goals and motivate families.		
Create SMART goals and use the 5 W’s to create an action plan.		
Use action plans to build confidence and competence in parents and enhance family functioning.		

My personal learning goals for this training are:

1. _____
2. _____
3. _____

AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner’s plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Reflect on my ability to distinguish between the need to do for, do with and cheer on families. If I’m too quick to “do for,” talk with my supervisor about strategies for supporting families to advocate for themselves.
- Practice making SMART goals in my own life, so I’m better able to support families in making goals.
- Reflect on my strategies for supporting families to attain goals. Are there ways I could better support them?

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED