

Promoting Oral Health in Pregnancy and Early Childhood LEARNING GUIDE FOR PROFESSIONAL DEVELOPMENT

Note to Learner: The Institute for the Advancement of Family Support Professionals (IAFSP) encourages you to complete the training and activities with the support of your supervisor. The notes below will guide you in preparing to take the training, following up with your supervisor after the training, supporting transfer of learning into daily practice, and extending learning through individual supervision.

Ongoing: View the Professional Development Program and each training module as an investment in skills and knowledge to help improve home visitor effectiveness.

Before the training:

- Learner and supervisor review course objectives and home visitor competencies
- Learner rates knowledge of learning objectives

During the training, the learner:

- Completes activities
- Reflects on own response
- Identifies questions and concerns
- Prints Reflective Responses to share with supervisor
- Completes post-training evaluation

After the training, the learner:

- Rates knowledge of learning objectives
- Completes post-training activities, as required
- Develops an action plan for applying skills and knowledge in daily practice
- Meets with supervisor to:
 - Review pre- and post-training activities
 - Discuss reflections, questions, and concerns
 - o Review action plan for applying skills and knowledge in daily practice
 - \circ Assess personal learning goals, transfer of learning, and action plan over time

This 45-minute online module describes the importance of oral health for overall health for pregnant and postpartum women, infants and young children. It describes the mechanism of tooth decay and describes steps family support professionals can take to support their families in accessing dental homes and oral health care. It provides information FSPs can share with parents about establishing good oral health care habits for all family members, including infants, at home.



Developed in Partnership by



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NATIONAL FAMILY SUPPORT PROFESSIONAL COMPETENCIES

Domain 2: Child Health, Safety and Nutrition Dimension 7: Child health and wellness Component d: Oral health care Domain 5: Family Health, Safety and Nutrition Dimension 17: Maternal health (oral health care) Component c: Prenatal care Domain 6: Community Resources and Support Dimension 22: Building community relationships Component a: Identification of community resources

BEFORE THE TRAINING

Rate Your Knowledge (Scale of 0 to 5, 0 = no knowledge, 5 = significant knowledge)

Learning Objective	Before the Training	After the Training
Describe the importance of oral health across the lifespan with focus on prenatal, infants, toddlers and young children.		
Understand the importance of care for teeth from the time a child's first tooth appears.		
Identify factors that lead to tooth decay.		
Describe how family support professionals can support families to have good oral health.		
Understand the critical role FSPs play in helping families access oral health care and benefits.		

My personal learning goals for this training are:

3. _____



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AFTER THE TRAINING

Reflections on what I learned:

Questions and concerns I identified:

Action Plan: (Each learner's plan will be unique. To get you started, some ideas are listed below.) As a result of this training, I will...

- Share information and resources with my families about how to care for the oral health of all family members.
- Investigate the Medicaid dental benefits for pregnant women and young children in my state.
- Develop a list of dentists in my community who accept public and private dental insurance. I will call the dentists to determine who accepts Medicaid and who will treat pregnant women and young children. I will share this list with the families I work with.
- Ensure that all of my families have a dental home.
- Practice dispelling myths about fluoride with my supervisor and colleagues.
- Use Bright Futures Oral Health materials to help my families plan for oral health visits.

My Action Plan

ACTION	TARGET DATE	DATE COMPLETED



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