

## Additional Resources

### Medication Assisted Treatment

Opioid use and opioid use disorder in pregnancy. Committee Opinion No. 711. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2017;130:e81–94.  
<https://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Opioid-Use-and-Opioid-Use-Disorder-in-Pregnancy>

Kampman K, Jarvis M. American Society of Addiction Medicine (ASAM) National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. *J Addict Med* 2015;9:1-10  
<https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-jam-article.pdf?sfvrsn=0>

### Psychotropic Medications

Treating for Two, the Centers for Disease Control website, offers the most recent information on the safest treatment options for managing common conditions before and during pregnancy ([www.cdc.gov/pregnancy/meds/treatingfortwo/index.html](http://www.cdc.gov/pregnancy/meds/treatingfortwo/index.html)).

### Perinatal Depression

Postpartum Support Virginia ([www.postpartumva.org](http://www.postpartumva.org)) has information on

- perinatal mood and anxiety disorders
- screening and treatment
- options for recovery
- local resources, such as support groups, therapists, and psychiatrists
- additional resources for Military Moms, grief and loss, and in-patient programs

Other good resources:

- Postpartum Support International ([www.postpartum.net](http://www.postpartum.net))
- The Postpartum Stress Center ([www.postpartumstress.com](http://www.postpartumstress.com))
- 2020 Mom Project ([www.2020mom.org](http://www.2020mom.org))

### Medical Disorders

Treating for Two, the Centers for Disease Control website, offers the most recent information on the safest treatment options for managing common conditions before and during pregnancy ([www.cdc.gov/pregnancy/meds/treatingfortwo/index.html](http://www.cdc.gov/pregnancy/meds/treatingfortwo/index.html)).

Treating for Two fact sheet

[https://www.cdc.gov/ncbddd/birthdefects/documents/ncbddd\\_birth-defects\\_medicationuseonepager\\_cdcrole.pdf](https://www.cdc.gov/ncbddd/birthdefects/documents/ncbddd_birth-defects_medicationuseonepager_cdcrole.pdf)